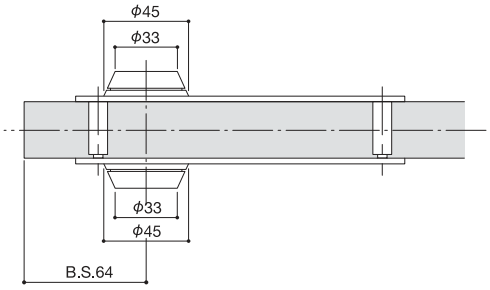
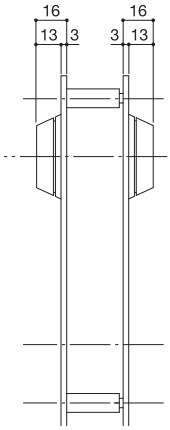
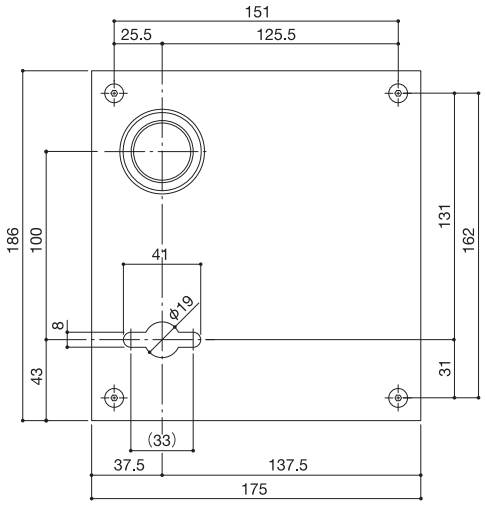
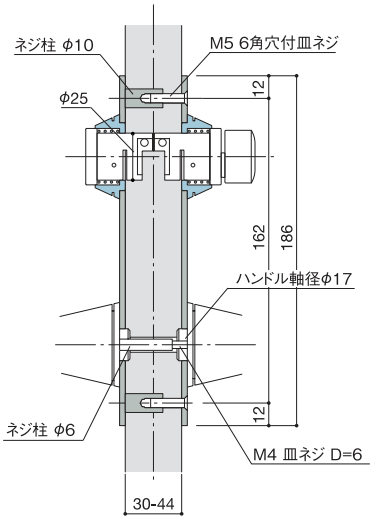
Plate
プレート

10S
（左用、右用があります）